

Truth...In Love - March 10 & 11

Words kill, words give life; they're either poison or fruit—you choose. (Proverbs 18:21, MSG)

Read these verses before your discussion: Ephesians 2:2-4 & 4:15; Ezekial 33:6; Matthew 18:15; 1 Corinthians 4:14; Colossians 3:16; Proverbs 15:1; 2 Corinthians 2:4; 1 Thessalonians 5:11

Dive deeper into this week's sermon content. Use these questions to help guide your group discussion.

- 1. Think back on the tough conversations you've had to have in your life, and share some of those experiences with your group. When and how should we have that difficult conversation? Why do you think the healthiest things we can say are often the hardest to hear?
- 2. How would you describe healthy conflict? Read Ephesians 4:2-4, and evaluate your approach to hard conversations. If you put Paul's words into practice today—in your relationships with your spouse or significant other, family, kids, friends, coworkers—how would your words, body language, and tone need to change?
- 3. God sent his Son to deal with the eternal consequences of our sin, and he wants us to help each other deal with the immediate pain of our brokenness. Do you have the kind of relationships where the truth can be spoken in love? If no—why not? Discuss with your group how you can begin building them together.