During our summer series, we're using our group time to explore how Jesus modeled the Fruit of the Spirit and how we can live them out too. This week our focus is on **gentleness**.

WARM-UP OUESTION

When and where do you feel the most calm?

DISCUSS

- Think of someone you know who embodies gentleness. How do they act and speak toward others and toward themselves?
- What words would you use to describe the opposite of gentleness?

Have one or two people read **John 4:1-15** out loud.

- What stands out in the way Jesus' physical state is described as He arrives at the well?
 What does this reveal about His character?
- What stands out in the woman's responses to Jesus in these verses? If you were in her shoes, how do you think you would have responded?

Now have another one or two people read **John 4:16-42** out loud.

- Where do you see Jesus modeling gentleness toward the woman here? What does His approach teach you?
- Have you ever been the recipient of this type of gentleness? If so, share about the experience.
- Do you find it easy to model this type of gentleness in your own life? Why or why not?
- · What action or mindset change do you think would produce more gentleness within you?

RESPOND

- Based on what you've just discussed, what do you think God is prompting you to do next? When will you do it?
- Share with your group, and spend a few minutes praying together. Ask God to help you grow in such a way that allows others to see gentleness when they interact with you.

Encourage group members to read Daily Bible Reading on the church app or have it delivered to their inbox daily. Subscribe at <u>tpcc.org/dbr</u>. Check in with your group to share thoughts about these throughout the week!