

The Power of Life...or Death – February 17 & 18

What goes into the heart will eventually come out of the mouth.

Read these verses before your discussion: Proverbs 18:21; Matthew 12:24 & 33-37; Jeremiah 17:9; Genesis 1:3-5 & 3:1; John 1:1-5; Psalm 141:3, Ephesians 4:15

Dive deeper into this week's sermon content. Use these questions to help guide your group discussion.

- 1. Words matter. Think back on some of the most memorable things others have said to you. Which words stick with you most? Share some of the best and worst things people have said to you.
- 2. What goes into the heart will eventually come out of the mouth. Do you spend too much time listening to angry news anchors and reading opinionated tweets and blogs? Is your entertainment littered with cursing and hurtful speech? Discuss with your group how you can moderate what's coming into your heart and mind. What media do you need to take away? How will you replace it?
- 3. Are cynicism, sarcasm, gossip, rumors, half-truths, or white lies slipping from your lips on a regular basis? Read Jesus' words in Matthew 12:35-37. If your speech is harsh and angry, untrue, or hurtful, it's because something in your heart isn't right. Spend some time in confession with your group about words you shouldn't have said. Ask Jesus to change your heart, and your words will follow.