During our summer series, we're using our group time to explore how Jesus modeled the Fruit of the Spirit and how we can live them out too. This week our focus is on **kindness**.

WARM-UP QUESTION

Share about a time when you either did or received a random act of kindness.

DISCUSS

- What words would you use to describe kindness?
- Describe how you feel when you experience kindness from others.

Have one or two people read **Matthew 12:1-14**.

- Where do you see mercy and kindness exemplified in these verses? Where do you see it lacking?
- What stands out in the way Jesus responded to the Pharisees? What stands out in how He responded to the man with the deformed hand?
- In our culture today, where do you see kindness lacking most?
- In your own life, where do you see people struggle to live out the type of kindness Jesus shows us?
- Do you personally find it challenging to slow down to see the needs in front of you? If so, where or when is it most challenging?

Have someone read **Ephesians 4:31-32**.

- What stands out in the lists of "dos" and "do nots" in these verses?
- Which one do you think would make the biggest difference in your own ability to show kindness to others?

RESPOND

- Based on what you've just discussed, what do you think God is prompting you to do in response? When will you do it?
- Share with your group, and spend a few minutes praying together. Pray for a heart like
 Jesus to see the people around you and for the courage to extend mercy and kindness.

Encourage group members to read Daily Bible Reading on the church app or have it delivered to their inbox daily. Subscribe at <u>tpcc.org/dbr</u>. Check in with your group to share thoughts about these throughout the week!