

Out of the Overflow - February 24 & 25

Take control of what I say, O Lord, and guard my lips. (Psalm 141:3, NLT)

Read these verses before your discussion: Proverbs 4:23, 12:18, & 18:21; James 1:26 & 3:8a; Matthew 6:21 & 12:34b; Luke 6:43-45; Philippians 4:8; Psalm 119:11

Dive deeper into this week's sermon content. Use these questions to help guide your group discussion.

- 1. Often what goes unsaid can be just as harmful as something spoken out. Do you sometimes walk away from a situation wishing you'd spoken up? Try remembering a time your words may have really helped someone. Share with your group, and make a plan to go back and say what you could have said in the first place.
- 2. Some of the most difficult, unsettling things Jesus ever taught had to do with how we speak to one another. Meditate on Luke 6:43-45, and let his words convict you of the words you say. What words are you saying? What kind of fruit are you producing? What is it revealing about your heart?
- 3. Proverbs 12:18 says, "The words of the reckless pierce like swords, but the tongue of the wise brings healing." Who do you know in need of healing? What could you say to him or her to bring peace, restore faith, or plant hope? When will you say what needs to be said?