

TRADERS POINT GROUPS

PRAYER EXPERIENCES OVERVIEW

Prayer experiences are designed to provide an outline for a variety of ways to engage in prayer in the context of your group. There is no minimum or maximum amount of time these experiences need to take as they can be customized to each group. A group could spend an entire group meeting doing a prayer experience, or they can be supplemental. We've included a rough outline of time on each page as a suggestion if you plan to have the experience last the whole meeting.

The purpose of the prayer experiences is to encourage prayer as a group and to inspire new ways of connecting with God. By spending time in prayer together as a group, group members can take steps toward growing their own relationship with God, building community within the group, and practicing listening and responding to God's voice.

To prepare for a prayer experience, choose one of the experiences and read through it prior to your group meeting. Be sure to set the environment as far as music and seating, and get rid of potential distractions. Pray for your group and ask God to prepare their hearts to be ready to listen as He speaks. Have copies of the prayer experience outline ready for group members, whether physically or digitally. As the leader, keep an eye on the time and guide your group members through each step of the experience.

Don't give up if the first one doesn't go as well as you had hoped. Like anything, prayer takes practice, so keep at it and watch your group grow in this important discipline. As you do more experiences throughout the year, consider asking members to take turns leading one!

Reach out to your campus Groups Director if you have any questions about how to use these prayer experience guides.