


CATALYST 7-8

Have fun. Connect. Learn together.



S C R E E N T I M E

Your life is always moving in the direction of your strongest thoughts. Change your input, change your thinking. Change your thinking, change your life.

LEADER PRO TIPS

- Establish group norms so students know what to expect during this time
 - why do students come to group?
 - what makes a good group conversation?
 - what do students want to get out of group?
- Have 5 students choose a question to lead during discussion. As a leader, your role is to provide follow up questions to keep the conversation on track.
- **Cheerlead:** As you kick off the new semester, think about how you can intentionally show up on your students' turf and cheer them on outside of Catalyst. This might include:
 - Meeting up with students outside of group
 - Go to a sporting event or performance
 - Host a group-gathering

LOOK AHEAD

We will not have Catalyst next Sunday, February 2.
Consider doing a group hang out or Super Bowl watch party!

Group Attendance

Login on your phone: my.tpcc.org

- username: initial of first name, last name (ex:awilson)
- password: same as it has been for any event with TPCC

Scroll down to Groups:

- select your student group
- scroll down to see your roster

Take attendance:

- click on attendance tab
- scroll all the way over to the right and select plus sign
- choose the attendance date + all students present

To add a new student:

- go back to your roster tab
- scroll to the bottom and select "add group member"

ICE BREAKER

If you invented your very own app, what would it do?

How have the Screen Time messages over the past few weeks impacted the way you use your screen?

TALK ABOUT IT

First, make sure each student has a guide. There are 5 questions in the discussion today. Empower students to lead the discussion by deciding who will read each question before you dive in. Allow time for other students to respond to each other. Follow-up questions for leaders are in parenthesis. Today's content is geared toward creating disciples in a digital age.

1 How much time do you spend thinking about your screens? (notifications, scrolling, posts, gaming strategies, etc.) When you think about your screen, what comes to mind?

4 Read **3 John 1:13**. God has always used technology to reach people for his Kingdom, just like Paul did in this passage. How can you use your screen to share about God's love and grace?

2 Read **2 Corinthians 10:5**. What do most of your thoughts revolve around? How does this affect your mood and actions?

5 Last week at OBN, we talked about the influence we have as members of God's Kingdom. How will you use your screen to be a better influence for your community?

3 Read **Philippians 4:8**. Aaron said when we change our input, we change our thoughts and changing our thoughts changes our life. Where do you turn to for things that are true, noble, right, pure, excellent and praiseworthy?

CHALLENGE

Start a YouVersion bible reading plan as a group. Look through plans in advance and give students a few to choose from. Take a moment for them to download the app and get connected.

PRAY ABOUT IT

Not used to praying out loud? That's okay!

God hears our imperfect prayers and knows exactly what we need.

Take prayer requests and pray for each other.