

DAILY CHECKLIST

FOR: _____

MORNING

- ___ Made your bed?
- ___ Gotten dressed?
- ___ Had breakfast?
- ___ Brushed your hair?
- ___ Put socks & shoes on?
- ___ Packed your lunch?
- ___ Backpack ready?

AFTERNOON

- ___ Ate a snack?
- ___ Done homework?
- ___ Read for ___ mins?
- ___ Played?
- ___ Chores?

EVENING

- ___ Set out clothes + shoes?
- ___ Packed backpack?
- ___ Shower/bath?
- ___ Pajamas on?
- ___ Clothes in hamper?
- ___ Brushed teeth?

CHORES

- _____
- _____
- _____
- _____
- _____