

CATALYST 7-8

Have fun. Connect. Learn together.



S C R E E N T I M E

"When your mind and emotions have been hijacked by a screen, it becomes incredibly difficult to focus, think and hear from God."

LEADER PRO TIPS

- Have 5 students choose a question to lead during discussion. As a leader, your role is to provide follow up questions to keep the conversation on track.
- Read the discussion guide in advance so you feel prepared to lead
- Establish group norms so students know what to expect during this time
 - why do students come to group?
 - what makes a good group conversation?
 - what do students want to get out of group?
- Connection: this week's discussion may lead to students sharing vulnerable parts of their lives that feel chaotic. Help connect students to each other and to Jesus as they share these potential struggles.

Group Attendance

Login on your phone:
my.tpcc.org

- username: initial of first name, last name (ex:awilson)
- password: same as it has been for any event with TPCC

Scroll down to Groups:

- select your student group
- scroll down to see your roster

Take attendance:

- click on attendance tab
- scroll all the way over to the right and select plus sign
- choose the attendance date + all students present

To add a new student:

- go back to your roster tab
- scroll to the bottom and select "add group member"

ICE BREAKER

What is your favorite invention of all time and why?

LOOK AHEAD

One Big Night is this Saturday, January 18! Who are you going to invite?

TALK ABOUT IT

First, make sure each student has a guide. There are 5 questions in the discussion today. Empower students to lead the discussion by deciding who will read each question before you dive in. Allow time for other students to respond to each other. Follow-up questions for leaders are in parenthesis.

1 Read **Romans 12:1 (NIV)** out loud for the group. What does it look like to offer our lives as a living sacrifice to God? Why does it matter? *(help students to understand how we can honor God with our everyday lives)*

2 Read **Romans 12:2 (NIV)** out loud for the group. Try reading these two verses in the Message version as well. *(Challenge your group to talk about how do these verses connect?)*

3 What everyday patterns *(snapchat, facetime, scrolling, video games, etc.)* do you have when it comes to social media, video games or technology? How do these patterns affect you emotionally/relationally/spiritually?

4 How can you tell when you are too dependent on technology? How do you protect against having an unhealthy relationship with technology?

5 Instead of letting our screens influence you, how can you use technology to positively influence your communities and honor God?

CHALLENGE

Ask students to think about what their main takeaway is from this discussion and how they can apply it this week.

(hold each other accountable once you establish healthy boundaries)

PRAY ABOUT IT

Not used to praying out loud? That's okay!

God hears our imperfect prayers and knows exactly what we need.

Take prayer requests and pray for each other.